Anne Mauro

Curriculum vitae
April 2026

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253-303-2074
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EDUCATION

D.H.S. (Doctor of Human Sexuality), 2011, Institute for the Advanced Study of Human Sexuality; San Francisco, CA

M.A. Psychology, 2016, Antioch University; Seattle, WA

B.A. Psychology (Minor in Education), 2009, University of Washington; Seattle, WA

CLINICAL EXPERIENCE

Therapy

2016–Present Relational Sex Therapist, Mending Connections; Tacoma, WA

Supervision

2027 Clinical Supervisor, Seattle University; Seattle, WA
2025 Clinical Supervisor, Pacific Lutheran University Counseling Center; Tacoma, WA
2020–Present Washington AAMFT Clinical Supervisor, Mending Connections; Tacoma, WA
2020–Present AASECT CST Clinical Supervisor, Mending Connections; Tacoma, WA
2019–2021 Clinical Supervisor, Antioch University; Seattle, WA

TEACHING EXPERIENCE

Ackerman Institute for the Family – Sex Therapy Certificate Program
Systemic Sex Therapy (Spring 2024, Spring 2027)

Antioch University Seattle
Clinical Mental Health Counseling Internship and Case Consultation (Spring and Summer 2021)
Colonization & Sex (Winter 2020)
Couple and Family Therapy Internship and Case Consultation (Summer 2021)
Human Sexuality (Fall 2019, Winter 2020)

California Institute of Integral Studies – Sex Therapy Certificate Program
Relational Sex Therapy (Summer 2024–2025, Fall 2025)

Ethics in Sex Counseling (Fall 2026)

Council for Relationships — Sex Therapy Certificate Program
Systemic Sex Therapy I (2021, 2022)
Systemic Sex Therapy III (2023)

Integrative Sex Therapy Institute — Sex Therapy Certificate Program
Sexual Attitude Reassessment (2021–2023)

University of Michigan — Sex Therapy Certificate Program
Relational Sex Therapy (Winter 2025)

PUBLICATIONS

Books

Mauro, A. (2023). *The colonization of Black sexualities: A clinical guide to relearning and healing.* Routledge. https://doi.org/10.4324/9781003276951

Book Chapters

Mauro, A. (2021). More than ebony and ivory: Complexities of sex therapy with interracial relationships. In R. M. Malone, M. R. Stewart, M. Gary-Smith, & J. C. Wadley (Eds.), *An intersectional approach to sex therapy: Centering the lives of Black, indigenous, racialized, and people of color* (pp. 135–149). Routledge. https://doi.org/10.4324/9781003034063-11

Non-Author Contributor

Malone, R. M., Gilbert, T. Q., Dukes, C., & Fonte, J. A. (2026). *Fundamental concepts and critical developments in sex education: Intersectional and trauma-informed approaches*. Routledge. https://doi.org/10.4324/9781032615479

CONFERENCE ACTIVITY

Selected Conference Participation

2026 Foundations in flow: Integrative pathways in sex therapy, counseling & education. AASECT Annual Conference, June 4–7.
2025 Decolonizing therapy. Reclaiming Wellness Conference, July 18.
2024 Complexities of sex therapy with interracial relationships. Washington Association for Marriage and Family Therapy Annual Conference, September 20–21.
2023 Decolonizing sexuality in marriage and family therapy. AAMFT Systemic Family Therapy Conference, October 25–27.

2018 The right to parent: Addressing social, political, and therapeutic barriers for gender and sexual minorities wanting to parent. AASECT Annual Conference, June 14–17.
2017 Could sensate focus be an appropriate intervention for recently transitioned transgender individuals and their partners: A review of literature. Washington Association for Marriage and Family Therapy Conference, September 30.

CONTINUING EDUCATION & INVITED TALKS

2026 Exploring Power Differences in Therapy (Sex Positive Intersectional Learning Lab), October 23
2026 Working with Women, Femininity, and Feminine Social Scripts (Everyone Deserves Sex Therapy), September 11
2025 Decolonizing Sex: A clinical application (Hope Development Practice), January 27
2024 Shades of Intimacy: Exploring Sex Therapy with QTBIPOC Relationships (AAMFT Queer & Trans Advocacy Network), September 20
2024 Decolonizing Sexuality (Expansive Therapy Group), June 5
2024 Beyond Settler Sex SAR (Integrative Sex Therapy Institute), October 16-17
2023 Decolonizing Supervision (Washington Mental Health Counselors Association), September 20
2023 Colonization of Black Sexualities (Council for Relationships), October 19
2022 AASECT Ethics and The Code of Conduct (AASECT), January 28
2021 Complexities of Sex Therapy with Interracial Couples (Institute for Relational Intimacy), May 2021
2021 Menstruation Nation: Periods throughout the Periods (AASECT), December 4
2021 Beyond Settler Sex SAR (AASECT), October 16–17
2021 Spring SAR (AASECT), April 17–18

SERVICE TO PROFESSION

Leadership Roles

2025–Present Western Regional Representative, Membership Steering Committee; AASECT
2024–Present Western Regional Representative, Nomination Committee; AASECT
2022–2024 Chair, Awards Committee; AASECT
2021–2024 Ethics Advisory Committee; AASECT
2018 Group Facilitator, People of Color Special Interest Group; AASECT Conference
2018 Group Leader, Sexual Attitude Reassessment; Northwest Institute on Intimacy

Peer Review

American Journal of Sexuality Education (Taylor & Francis)
Flower of Life Press
Leading Conversations on Black Sexualities and Identities (Routledge)

COMMUNITY ENGAGEMENT

2025–Present Expert witness, [Law Firm Name – redacted pending start of trial]

MEDIA COVERAGE

2025 Sex Therapy 101 with Dr. Cami Hurst – Consenting to Unwanted Sex in BIPOC Culture with Anne Mauro [video podcast episode]
2025 Mental Breakdance Podcast – Episode 4: Small Steps to Break the Status Quo [audio podcast episode]
2024 Gender Stories Podcast – In Conversation with Anne Mauro [video podcast episode]
2022 Better Sex Podcast – 210: Colonization and its Impact on Modern Sexuality [audio podcast episode]
2020 Sex is Medicine Podcast – Colonization & Sex: The Aftermath [video podcast episode]
2017 Psychology in Seattle Podcast – Sex Therapy: Sensate Focus [audio podcast episode]

LANGUAGES

English (native)
Italian (elementary proficiency)
Spanish (elementary proficiency)

PROFESSIONAL MEMBERSHIPS & CERTIFICATIONS

Licensure

2018–Present Licensed Marriage and Family Therapist, Washington State Department of Health (#LF60898126)

Certifications

AAMFT Approved Supervisor, 2021
AASECT Certified Sex Therapist (CST), 2019
AASECT Certified Sexuality Educator (CSE), 2020
AASECT Certified Sex Therapy Supervisor (CST-S), 2023
Lifespan Integration Therapy Level 1, 2017
Gottman Method Couples Therapy Level 1 & 2, 2016
Sexual Attitude Reassessment (SAR), 2010
Sexually Transmitted Infections: A Sexological Health Perspective, 2011
Trauma-Focused Cognitive Behavioral Therapy, 2016
Washington State HIV/AIDS Training, 2015

Professional Memberships

Association of Black Sexologists and Clinicians (ABSC)
American Association for Marriage and Family Therapy (AAMFT)
American Association of Sexuality Educators, Counselors and Therapists (AASECT)
BIPOC Special Interest Group, AASECT
Washington Association for Marriage and Family Therapy (WAMFT)
Women of Color Sexual Health Network

REFERENCES

James Wadley, Ph.D., L.P.C., ACS, NCC, IMHF, CSTS
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