EXPERIENCE

Anne Mauro, LMFT, DHS, CSE, CST-S

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Sex Therapist, Mending Connections, pllc

TACOMA, WA — 2016-Present

Licensed Couples and Family Therapist. Providing individual, family, and couples therapy to clients of all ages, with specialization in couples counseling and sex therapy. Develop comprehensive treatment plans that focus on accurate diagnosis and behavioral treatment of client’s presenting problems. Advise clients on community resources and make appropriate referrals.

Ackerman Institute for the family

Online — 2023-Present

Responsible for creating and teaching a Sex Therapy course for the post-graduate Systemic Sexuality Certificate program.

Council for relationships

Online — 2022-Present

Responsible for creating and teaching Sex Therapy I and III for their post-graduate sexuality certificate program.

American Association of Sexuality Educators, Counselors and Therapists Continuing Education Provider

Online — 2021-2023

An Organizational Provider offering 40 or fewer AASECT CE credits per year, including but not limited to Menstruation Nation, Ethics, and SAR.

Antioch University Seattle

SEATTLE, WA — 2019-2021

Teaching Human Sexuality and Colonization and Sex to graduate level students. AAMFT Supervisor in Training providing case consultation to LMFT students.

EDUCATION

Antioch University Seattle

Masters in Psychology: Couples and Family Therapy, 2016

Institute for the Advanced Study of Human Sexuality

Doctorate in Human Sexuality, Associate in Sex Education, and Clinical Sexology Certificate 2011

Bachelor’s of Arts Psychology and Minor in Education, 2010

Presentations

Mauro, A. (2017, September). Could Sensate Focus be an Appropriate Intervention for Recently Transitioned Transgender Individuals and their Partners: A review of literature.

Presented at the Washington Association of Marriage and Family Therapy conference, Seattle, WA.

Mauro, A. (2017, October). Ask a sex therapist

Presented at Highline Community College, Des Moines, WA.

Mauro, A. (2017, October). Sex therapy and sensate focus

Presented on the Psychology in Settle Podcast, Seattle, WA.

Mauro, A., & Sanabria, S. (2018, June). The Right to Parent: Addressing Social, Political and Therapeutic Barriers for Gender and Sexual Minorities Wanting to Parent.

Presented at the American Association of Sexuality Educators, Counselors and Therapists conference, Denver, CO.

Mauro, A., & Fordham-Erickson, A. (2018, September). “Trans Relationships and Sexuality”.

Presented at the Washington Association of Marriage and Family Therapy conference, Seattle, WA.

Mauro, A. (2019, April). Counseling Lesbian, gay, and bi-sexual clients.

Presented at Pacific Lutheran University, Tacoma, WA.

Mauro, A. (2019, July). Trans Relationships and Sex.

Presented at the American Association of Sexuality Educators, Counselors and Therapists Meet and Greet, Tacoma, WA.

Mauro, A. (2019, September). Common issues in sex therapy.

Presented at Western Washington University, Bellingham, WA.

Mauro, A. (2019, September). Colonization and Sex:

The aftermath

Presented at Western Washington University, Bellingham, WA.

Mauro, A. (2021, March). Colonization and Sex:

The aftermath

Presented at Seattle Counseling Association. Seattle, WA (online).

Mauro, A. (2021, May). Complexities of sex therapy with interracial couples.

Institute for Relational Intimacy. Online.

Mauro, A. (2023, Feb). Colonization and Sex:

Presented at Integrative Sex Therapy Institute, online.

Mauro, A. (2024, Feb). Beyond Settler Sex SAR

Presented at Integrative Sex Therapy Institute, Advanced SAR, online.

Mauro, A. (2023, sep). Decolonizing supervison

Washington Mental Health Counselors Association. Online.

Mauro, A. (2023, Oct). Coloniztion of Black sexualitites

Council for Relationships. Online.

Mauro, A. (2023, Dec). Decolonizing sexuality in mariage and family THERAPY.

Systemic Family Therapy Conference hosted by the American Association of Marriage and Family Therapy. Online.

Leadership

Chair of the American Association of Sexuality Educators Counselors and Therapists Awards Committee. 2022-Present

Member of the American Association of Sexuality Educators Counselors and Therapists Ethics Advisory Committee. 2021-2023

Group Facilitator at the American Association of Sexuality Educators, Counselors and Therapists conference for the People of Color Special Interest Group. Denver, CO. 2018

Group Leader at the Northwest Institute on Intimacy Sexual Attitude Reassessment. Seattle, WA. 2018

Publications

The colonization of black Sexuality: a clinical guide to relearning and healing.

Leading Conversations on Black Sexualities and Identities. Routledge, 2022

More than ebony and ivory: Complexities of doing sex therapy with interracial relationships

In An Intersectional Approach to Sex Therapy: Centering the lives of Black, Indigenous, Racialized, and People of Color. Routledge, 2022

certificates

American Association of Sexuality, Educators, Counselors and Therapists (AASECT) Certified Sex Therapist

AASECT Certified Sexuality Educator

AASECT Certified Sex Therapy Supervisor

American Association of Marriage and Family Therapy (AAMFT) Certified Supervisor

American Associates of Clinical Sexology Certificate

Level 1 & 2 Training in Gottman Method Couple Therapy

Sexual Attitude Restructuring Process (5)

Sexually Transmitted Infections: A Sexological Health Perspective

Washington State HIV and AIDS

Trauma Focused Cognitive Behavioral Therapy

Level 1 Lifespan Integration Therapy

Professional memberships

American Association for Marriage and Family Therapy

Washington Association for Marriage and Family Therapy

American Association of Sexuality Educators

Counselors and Therapists

Women of Color Sexual Health Network

References

Available upon request